

Nourish Family Nutrition & Therapy Recovers \$10K in Lost Clinical Time with Heidi



Nourish Family Nutrition & Therapy

A dedicated team of 28 specialized and experienced Registered Dietician Nutritionists and Psychotherapists, Nourish Family is committed to creating personalized nutrition plans that yield sustainable results. The clinic offers a variety of nutrition and therapy services by telehealth to individuals, families, and businesses throughout the United States.



Problems before Heidi

- **Crammed schedules** with blocked time for note/document generation
- Concern that **notes lacked sufficient information** for insurance purposes
- Wide **variation in the quality** of internal notes
- Clients felt that practitioners were often **preoccupied with typing**, which affected their engagement during sessions



Outcomes from 12 weeks of Heidi

After 12 weeks of integrating Heidi, Nourish expanded its use to all 28 clinicians within the practice. Here are their results from the first 3 months.

6,064 mins
saved on documentation

\$10k
saved in clinical time

5x ROI on implementation costs

Nourish clinicians now enjoy



Spaced-out, relaxed schedules

Without the need to cram documentation time between sessions, clinicians now have more freedom and autonomy over their time.



Standardized notes that meet insurance requirements

Heidi's proficiency in medical terminology and coding ensures detailed and accurate documentation. Claiming details are automatically generated after each session.



Enhanced engagement during sessions

Both clinician and patient are now free to focus fully during appointments, safe in the knowledge that notes are looked after by Heidi.

Client feedback

- “ I'm obsessed with the **Ask Heidi** feature - she just does whatever I want!
- “ Heidi **enhances what we do**, not replaces us
- “ I am able to be **more present during the sessions**
- “ Practitioners feel like they **have the whole day back**, have a lot more time, and feel less rushed.

For more info

Get in touch at hello@heidihealth.com or visit heidihealth.com

